

Antibiotic Recovery Red-Flag Checklist

Food rebuilding should not delay care.

Seek medical review if any apply

- Severe diarrhea
- Persistent watery diarrhea
- Blood in stool
- Fever
- Worsening abdominal pain
- Signs of dehydration
- Inability to keep fluids down
- Symptoms that rapidly worsen after antibiotics

Bring to the visit

- Antibiotic name if known
- Start and stop dates
- Stool pattern notes
- Fever or pain notes
- Current medications and supplements