

Oncology Probiotic Question Sheet

Bring this question sheet to your oncology, surgery, or gastroenterology team before using a probiotic, synbiotic, fermented-food concentrate, or other live microbial supplement during colorectal cancer care.

Product Details

- Product name:
- Strain or blend listed on label:
- Dose and serving size:
- Added prebiotics or fibers:
- Reason you are considering it:

Safety Context

- Am I currently immunocompromised?
- Do I have low white blood cells or neutropenia?
- Do I have a central venous catheter or port?
- Am I recovering from surgery?
- Am I currently taking antibiotics, chemotherapy, radiation, immunotherapy, or steroids?
- Do I have fever, infection symptoms, severe diarrhea, or mucosal injury?

Decision Questions

1. Is there a reason I should avoid live microbial products right now?
2. Is this product relevant to my actual goal, or is the claim too general?
3. Could this interfere with infection-risk precautions or treatment timing?
4. If side effects happen, what symptoms should make me stop and call?
5. Is there a safer, better-studied way to manage the symptom I am targeting?